

## The Patients



This section begins with a list of complaints made to the Mayor's Court in 1550 by the hospital chaplain, a devout Protestant, who found the drunken, quarrelsome and irreverent behaviour of the new inmates unacceptable in 'Gode's Howse'. No less scandalised by the manners of this 'very rough assembly', the Victorian scholars, William Hudson (himself a clergyman) and J.C. Tingey, were also critical of the chaplain's 'bad writing' and apparent lack of education. Today's historians tend to focus upon the evidence such records provide of Tudor policy towards the 'unruly' poor and of the use of institutions like the new hospital to impose discipline upon them.

For more information about the care (and control) of the poor in Tudor England, and especially in Norwich, see Margaret Pelling, The Common Lot: Sickness, medical Occupations and the Urban Poor in Early Modern England (1998), especially chapter four.

15 March 1550, The house of the poore: This day Sir John Fysher [the hospital chaplain] hathe exhibite unto this courte a Bill conteyning Articles to be ordeynid, made and grauntid by Master Mayour & this courte for goode order and Rewle to be had, used and contynewed amonges the poore peopill in goddes house in holmestrete, which bill is put to Master Catlyn to peruse and amende, &c. (NRO, NCR, 16A, Mayor's Court Book 1549-1555, f. 48v; the ensuing list of complaints appears on a loose sheet at the end of the volume)

With the lycens of Master Mayyr here present, & my mastrys the aldyrmen to hym assent, I make my menys at thys tyme for reformatyon of dyverse cawssys amonges the pore people in the hospytall for dyvers abusys me thynke myht be bettyr with yowur coownselles; under Master Mayyrs favur I submet my selffe at all tymes, I trost as my dewty hys:

Nota, fyrst, to a poynt them from our ladys day [25 March] tyll myelmas [29 September] from vj of the cloke in mornyng tyl viij of ye cloke in the forenon, and at aftyn none from iij of the cloke tyl v in somer tyme; and from myelmas tyl our lady day from vij of the cloke tyl ix in the forenon, & in the aftyr none from ij tyl iiij, to kepe ther chyrche, excepte a cawsse resunnable, at or elles to be refomyd by ther keper.

Nota, the secunde ys that thay shuld reseyve the holy communyon every quartyr onnys, or schowe the cawsse wy, beyng in the casse that thay are in.

Nota, the therd ys that wan I have aberyall the men wylle nat help to bere them to ther gravys, but make excusys, & lat the women do ytt.

Nota, the forht ys that men & women wyl nat cum to the sermunnys at chryst chyrche [the cathedral], do the best I cane, wan they are able to goo al the cyte over, & sume of them the cuntry also.

Nota, the fyffte ys they wyl nat kepe godes pece, & the kynges, but w[i]ll brayle & stryve onresunnably; summe that want [lack] heryng myht with ponysment be ponyschyd, that the syht of the eye myht rest reforme them to a dew ordyr.

Nota, the sexthe ys non schall goo in to the cyte a lone, to the dysplesyr of thyr keper, & so cum dronkyn hoome at even with talys inowe [enough]; this wyll they do with owht ony leve, many of them. Werfore I schall dyssyyr that, wan they goo, they schall goo ij to gythyr or elles not with leve of ther keper, [so that] he may know wer they are; & they wyll to the ale howss ij or iij attonys [at once].

Nota, the sevynthe ys that wane ij men fale afyyttyng, or ij women, or j man & a women, to lay them bothe in the stokkes tyll they be bothe plesyd.

Nota, the aythe ys that yff ony of them chyd & brayle at ther mete, than to take them up & set them alone for that tyme or take away ther mett.

Nota, the nythe ys yff ony of them peke or stele to have syche ponysment as yow schall thynke good for ther dysservyng.

Nota, the tenthe ys yff ij of them goo braylyng to ther beddes to gyff them s[o]che ponyssment as schalbe thowht mete for them.

Nota, the elevent ys that syche persons as cum in to the howss with syche goodes as they have, & afturward gyff ther goodes ownt of the howss agayne, to send them aftyr.

Nota, the twelve ys that thos persons that depart the world nat to gyff ther goodes awaye at ther plesyr & leve the howss in was cass [a worse state] than they ford fond yt.

All thes I know by experyens; and yt ys godes howss & I wold have them godly peple in yt.

All thes thyngges, with yowur favyrs, wold I have rehersyd wan ony person shalbe reseyvyd in to the howss for ther abytatyon; & also to reherss them every quartyr onnys, for the more erudycyon to them selvys & quyett in the howss.

That for all thys, my pore & sympple informatyon, I put all to my Master Mayyr, with all my mastrys the aldyrmen, & suspet my owyne wyht in this behalve, but undyr the corectyon but undyr yowur corectytyon I submyt my self.

By yowur chaplen to the pore.

The next manuscript reveals that the civic authorities were more sympathetic towards the poor inmates of God's House than the exasperated Master Fyssher might have wished. From the 1550s onwards, a series of contracts has survived, binding successive 'keepers' to provide a decent level of care for their charges. This, the earliest, is notable for its insistence that the patients should be given good quality wheat bread, and that they should be protected from any physical abuse or unnecessary 'correction'. Care was also taken to safeguard the hospital's slender revenues and to ensure that proper records were kept.

An Indenture betwixt the Surveyours of th'ospitall and the keper of the same.

Thys Wryghtyng Indentyd, made the last daye of Maye in the yere of our Lord God m¹dlxvj [1566] and in the Eight yere of the Raigne of our Sovereyn Ladie Elizabeth, by the grace of god Quene of Inglond, Fraunce and Irelond, defender of the faith, &c, Betwyn Thomas Sotherton, Mayour of the cittie of Norwiche, Thomas Whall and Thomas Parker, Alderman and Surveyours of the hows of the poore, otherwise called Goddes hows in holmestrete, within the cittie of Norwiche, on the one parte, And William Olyver of the same Cittie, Bere brewer, on the other parte, Witnesseth that the seid Mayour and Surveyours, for their part, And lykewise the seid William Olyver, for his part, have Covenaunted for the kepyng of the xl<sup>tie</sup> [40] pore people which are to be kept in the seid hows of the pore, otherwise called Goddes hows, upon souche Agreamentes and Artycles as hereafter be declaryd:

In primis, the seid Mayour and Surveyours covenuant and agree that the beforenamyd William Olyver shall enter and take the chardge of keepyng and provydyng of meat and drynk for the xl pore people and their kepers at the Feast of St John Baptist [24 June] next insuyng the date herof; And he to have then payed hym xxxj*li* xiijs iiijd [£31 13s 4d]

at his entrye for one quarters dyettes of the same xl pore people and their kepars before hand payed, Whiche (if he shall fortune to dye or otherwise to depart before th'end of eny yere duryng all the tyme that he shalbe keper thear) he shalbe bound to leave and Repay ageyn to the use of the hows at his goyng of.

Item the seid Mayour and Surveyours covenaunt and agree that the seid William Olyver shall have and receyve at that his entryng into the hows for provysyon of wood and cole for the xl pore people and their kepars for the whole yere then next following xxli. And [he] shall enter bond, with suretye, That, if he shall fortune to departe this lyfe at eny tyme within one yere after his entrye, And so for every yere that he shall contynue keper thear, That he shall leave, or cause to be left, suffycyent wood or coale to serve the xl pore people from the tyme that he shall enter untill that tyme twelvemoneth; And so allweys shall have xxli payed hym before hand at Midsoomer for provisyon of wood and coale for the whole yere following.

Item it is further covenaunted and agreed that the seid William Olyver shall have and receive for the keeping of the of the xl pore people for their dyettes, and the dyettes and wages of their kepers and officers, xxvjli xiijs iiijd every quarter by covenaunt so made with hym in great, So that he shall allweys have one quarters dyettes payed before hand, Whiche he shall leave and Repay ageyn to the use of the seid hows at his goyng owt.

**Item** it is allow covenaunted and agreed that the seid William Olyver shall have the Scyte of the hows, with all the gardeyns, Medowes, Ortyardes and groundes (only two howses except), which shalbe reserved for storehowses to lay in thynges necessary for Reparacions, without eny Rent or Ferme payeng.

Item it is allso covenaunted and agreed that the seid William Olyver shall have the land without St Augustyns gates which Vyncent Tesmond now hath, And to paye therfor lxs by yere: Videlicet, every quarter of A yere xvs. And the seid William Olyver for his part Covenaunteth to and with the seid Mayour and Surveyours That he, the seid William, shall keepe the seid xl pore people in Sycknes and in helth, and iiij women keepers, accordyng ...

to the foundacion, with meat, drynk, fyryng and wasshing meete and convenyent for allmes people; And that they shalbe fedd with no courser bread then whole wheat bread, without either Rye or barlye to be putt and myxed thereith. And the seid William Olyver allso covenaunteth for his part That he, his wyfe and kepers shall well and gently use and intreate the seid xl pore people & every of them at all tymes, without eny correccion or beatyng of them or env of them. But, in case the or env of them will not be ordryd and rulyd, Then he to complayne to the Surveyours of their misdemeanours; and allwes to keepe the full nomber of xl pore folke. And if eny shall fortune to dye, or else depart the hows, Then he to signific their names, so dead or departed from the hows, to the Surveyours or one of them at the least within twoo dayes after they shalbe departed from the hows. And the seid William Olyver further covenaunteth that, if he shall fortune to departe this lyfe at env tyme before env of the iii quarters of the yere shalbe fully accomplisshed and ended, fforsomocheas he shall allweys have the xl<sup>ti</sup> markes [£26. 13s 4d] for A quarters paiement before hand, That he shalbe bound with good Suretye to kepe the seid xl pore people and their iiij kepers duryng the tyme of the whole quarter which he shall have received the money for, Or else to allow according to the rate for so many weekes as shalbe wantyng of the Quarter. And the seid William Olyver convenaunteth to keepe A booke of all the names of the xl pore people which he shall receive into the hows, with the day of their entryng into the hows and the daye of their death, or otherwise departing, owt of the same hows. And allso shall save all souche Apparell or sheetis as eny of them shall fortune to leave at the day of their death to help the rest with. And the seid William shall allso kepe a booke of all souch legacyes and gyftes, either of bedding, shettis, shirtes and smockes, lynnen and woollen, or monye as shall fortune to cum into his handes of the gyft of eny body towardes the Relieff of the pore people. Allso the seid William Olyver shall save and preserve to the use of the seid hows all souche Beddyng, stuff and utensilles of hows as shalbe commytted and delyvered to the seid William Olyver by Inventorye or otherwyse.

In witnes whereof to the one parte of these present wrightynges indented remayneng with the seid William Olyver th'aforeseid Thomas Sotherton, Mayour, Thomas Whall and Thomas Parker have sett their handes and Seales; and to the other part of the same wrightynges Indented remayneng with the seid Thomas Sotherton, Mayour, Thomas Whall and Thomas Parker the seid William Olyver hath sett his hand and Sealle. Gyven at the seid cittie of Norwiche the daye and yere first above wrytton.

*Dorse*: Redd, Sealed and delyvered in the presens of Master Thomas Peck, Alderman, and Thomas Corye the younger (NCR, 24B/36).

The practice of keeping inventories, or detailed lists, of all the possessions owned by a hospital was already centuries old when the next document was drawn up at the start of the seventeenth century. It probably marks the arrival of a new master or keeper, who could be held to account when he left, and prevented from selling off valuable assets. Inventories are particularly helpful to historians, as they provide a rare glimpse into the daily living conditions of patients. The residents of God's House clearly benefited from a well-appointed laundry and (by the standards of the age) had more than adequate bedding. As in many contemporary institutions for the elderly, they were expected to bring a sheet with them, in which they would eventually be buried.

An Inventory Indentid taken of the Beddynge, Blankettes, Coverynges & pillowes, Coffers, stooles & other Implementes belonginge to the poore in the hospitall

First in the 19 Bed chamber
Eleaven fetherbedes good & bad
Nyne fether boulsters
Eighten fether pillowes
Tenne fflockbeddes
Seaventen flockbolsters
ffive flock pillowes
Twelue yellowe Rugges
Seaven blankettes good & bad
Twenty six dornix coueringes good & bad
Nyneten Bedsteades
Twenty three old Coffers and Chistes
ffourten stooles and Chayers good & bad

In the fyer howse next adioynynge to the said 19 bed chamber
One ffyer pann
One payer of tonges
One payer of dogyrons
Twoe barres of yron
One yron hake
One payer of bellowes

In the longe Hall

Seaventen Bedsteades

Nyne ffetherbeddes

Three fether bolsters

Eight ffether pillowes

Eight flock beddes

Sixten flock boulsters good & bad

Eight flock pillowes

Sixten yellowe rugges

ffower Blankyttes

Six dornix coverynges good & bad

Seaventen old coffers & chayers

Twenty fower stooles & ould Chayers good & bad

One great Chist bottomed with yron

Two longe Tables with trusselles fast in the ground

ffower longe fourmes made fast in the ground

One payer of dogyrons

Two barres of yron for the fyer

One fyer pan; One payer of tonges

One payer of bellowes and one close stoole

In the chamber called the 14 Bed chamber

Twelue Bedsteades

Three ffetherbeddes

One ffether boulster

Three fether pillowes

ffive fflock beddes

Eleaven flockboulsters

Three flock pillowes

Seaven yellow Rugges

Two dornix Coverynges

**Eight Coffers** 

Twelue stooles & Chayers

One payer of tonges

One ffyer pann

One payer of bellowes

One payer of dogyrons

Two yron barres

In the washehowse Lodginge

Six Bedsteades

Six fflockbeddes

Seaven flockboulsters

Two flock pillowes

Eight fetherpillowes good & bad

ffourten dornix coveringes good and bad

Eight Coffers

Eight old stooles & chayers

Twoe dogyrons

One ffyer pann

One payer of tonges

One payer of bellowes

In a little lodginge chamber ext the washowse

Three Bedsteades

One ffetherbed

One ffetherboulster

One ffether pillowe

Twoe fflock beddes

One flock boulster

ffive dornix Couerynges

Twoe Coffers

In the Church Chamber

Bedsteades

ffive ffetherbeddes

ffive ffether bolsters

Two ffether pillowes

One flock boulster

Twoe Blankettes

Three yellowe Rugges

Two darnix Coverynges

Six old stoole & Chayers

ffower Coffers

One close stoole

One payer of Tonges

One fyer pann

One payre of dogyrons fast

One payer of Bellowes

One square table & Trusselles to turne vp against the stayres

One rost yron

In the newe Lodgeynge

Twenty three Bedsteades

ffourten ffetherbeddes

ffiften fether boulsters

Thirty fether pillowes

ffourten flockbeddes

Sixten flock boulsters

ffive flock pillowes

Twenty three blankettes

Twenty thre good darnix coueringes

Twenty thre pewter basons

Twenty two small towelles

One & twenty Chamberpottes

Twenty fower Coffers

Seaventen Chayers & stooles

Two payer of dogyrons

ffower yron Barres

Two payer of Tonges

Two fyer pannes

Two payer of bellowes

One great chist for the lynyng

One great planck table with trusselles & footbankes framed thereto

ffower longe fourmes

One fayre lanthorne

In the great Chamber ouer the new lodgynge

Sixten new bedsteades

One ould Chist

Twoe longe stooles of plancke

Six Buckittes belonginge to the hospitall howse

In the Kytchinge and pastrey

Three dressers with Trusselles fast in the ground

One other dresser with trusselles

One newe round Copper kettle with a byle

One great Chopping block

One great boyler of cast mettall

One couer of bord to the same

One longe barre of yron to the Chymney with two other barres for the same

Two yron hakes

A fayer sinke of marble stone

One great kneadinge trowe

Two mouldinge tables

Two longe Shelves

One trough to put dishes in

In the Brewhowse

One great guilefatt with an apron of lead

One mashefatte with the vnder becke

One sweete wortefate

Twoe Coolers

One Copper with the yron furnys

One deale & a ladder

One skoope & a short deale

Ould hoopes & old broken bottomes

*In the well howse* 

One pully for a well

One old Tonell

Thirty Staffes of some ould fatt

In the Mill howse
One mault mill with the stones, hopper and trough
Three ould worne milstones besides

*In the Pygges Howse*One small peece of lead

In the washinge howse
One small Copper hanged without yron
One great bookynge tubbe
Three great rinsinge tubbes
Three washinge tubbes
Two old payles with yron byles
One Colrake
One fyerforke of yron
One stoole that the tub stand on
One beatynge stoole

In the church porche
Twoe beres and one ould payer of stockes

In the Cloyster

One fayer lead for rayne water & poled round about to dry Cloathes onn Two longe ladders whereof one broken One little short ladder

In the Maulthowse & crick thereto adioynynge
One fayre Sistorne of lead to steepe in, in a frame
One Lyttle Ladder for the Sistorne
Three Lattizes in the Maulthowse
Six Lattizes on the Maultchamber, one Bynge for dryed mault or barly
One swaype with the stopp, yron pole & Chayne

*In the Swynes yard*One shorte peece of ould Tymber

*In the Buttery* Three Berestooles & one old Cubberd

In the hall

One longe table vppon three Trusselles & ij longe fourmes Two longe footebankes & one old livery Table, The Bench to the Table & back for the same The hanginges to the hall

One fayre large brasinge Chaffer

In a littell Buttery next the parlour
Twoe shelues, one payre of Trusselles, one Table of two long bordes

In a lyttle Closett next the parlor
One old liverie Cobard & two poore folkes Coffers

In the greate Chamber
One Livery Bedd, [blank] Cubbard

*In the porch Chamber* One good longe open presse

*In an Inner chamber next the greate chamber* One old Table with two old Trusselles

Lynnen belonginge to the Beddes
Twenty three beddes in the newe Lodginge
fforty payre of sheetes ggod & whole & two Towelles

In the keepers hand Bradley
ffifty seaven Sheetes good & bad
ffifty seaven payer on the beddes and Twenty nyne payer in all besides,
whereof fower payer very Ragges, & but fower Towelles
Sheetes brought in by poore people that are found in the keepers handes for
wyndynge sheetes are in number Thirten Sheetes

(NCR, 24B/39)